

Visiting Sunset Rock and the Upper Overlook

Sunset Rock is located in the heart of Stowe's historic Village, providing a forested backdrop, recreational opportunities and scenic vistas.

The best way to visit Sunset Rock is to walk from the Village via the Sunset Rock Trail located at the end of **Sunset Street**. Visitor parking is prohibited at the end of Sunset Street.

The **Sunset Rock Trail** ascends steeply for about 200 yards with an elevation gain of 100 feet to the **actual Sunset Rock** and its birds eye view of **Main Street**.

Just past Sunset Rock is the **Glacial Kettle Hole**, formed 10,000 years ago as the glaciers receded and the raging melt-waters filled the valley below. The kettle hole was created by small pebbles swirling in a whirlpool that eroded the rock, forming the circular hole.

From Sunset Rock, the trail continues to climb for another quarter of a mile to the **Upper Overlook** with a spectacular view of **Mount Mansfield** to the west. Just before arriving at the Upper Overlook the trail passes the intersection with the **Taber Path**.

Parking at Sunset Rock is available via a lot located off **Taber Hill Road**. From the Village, take School Street ¼ mile and then bear left onto Taber Hill Road. The lot is 200 yards up the hill on the left.

From the parking lot, it is an easy quarter-mile walk along the **Access Road** to the Upper Overlook. The walk can be done as a loop, returning via the Sunset Rock Trail to the Taber Path and back to the parking lot.

